



JABAL AL MA'RIFA
INTERNATIONAL SCHOOL

PACKED MEAL

MENU 2026

Jabal Al Ma'rifa International School

Nourishing young minds, one school day at a time.

WEEKLY SELECTION

Sunday — Thursday

Charges: OMR 1.750 + VAT per meal

PACKED MEAL MENU

Weekly Selection

2026

A balanced selection designed for a busy school day.

Sunday to Thursday

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MAIN	Baked Homemade Chicken Strips	Smoked Turkey & Cheese in Croissant	Chicken Tikka Biryani (Not Spicy)	Beef Lasagna Pasta	Beef Burger
SIDE	Oven Baked Potato Wedges	Mini Pizza	Biryani Rice	Garlic Cheese Bread	Homemade Nachos
SALAD	Fattoush with Pomegranate Seeds	Omani Chopped Salad	Falafel Salad	Greek Salad with Olives & Feta	Coleslaw Salad
DESSERT	Mini Cookies	Chocolate Swiss Roll	Cut Fruits	Mini Muffin	Whole Apple

Menu items may be subject to availability and operational changes.

Jabal Al Ma'rifa International School

Simple, clear, school-day convenience.

The packed meal programme is offered on a full-term subscription basis.

MEAL RATE

OMR 1.750

+ VAT per meal

SUBSCRIPTION TERMS

- Minimum subscription: **TBA**
- If a student starts after the beginning of the term, only the balance days are charged.
- The balance amount will move to the following term.